



HOCKEY



Welcome to the Westport Parks and Recreation **Hockey** program. This activity is offered for children ages 5 – 13. Under the guidance of our hockey coaches, Sean Murray and Sergey Khomchenko, each player will have the opportunity to learn the basic skill and fundamentals of the game of hockey. The program is designed to be instructional at the beginning levels with recreational game play at the scrimmage level. Emphasis will be on skating, stick handling, shooting, offensive/defensive play, and physical readiness.

GENERAL PROGRAM INFORMATION

The hockey program is open to all children ages 5 – 13. Instruction takes place at the Westport P.A.L. Rink at Longshore in Longshore Club Park. All Participants must have completed the Basic Skills Level 1 ice skating class. The hockey program will follow the United States Figure Skating Association's hockey badge program.

We offer hockey instruction in the following categories:

• Tuesdays	6:00 pm – 6:55 pm	Advanced Hockey 3 & 4	ages 9 - 13	ITU 06
• Thursdays	6:00pm – 6:55 pm	Basic Hockey 1 & 2	ages 5 – 8	ITH 06
• Sundays	8:00 am – 8:55 am	Scrimmage Hockey	ages 5 – 13	ISU 01

There is one session that includes 10 lessons. The schedule is as follows:

Tuesday classes	December 2, 9, 16, January 6, 13, 20, 27, February 3, 10, 24
Thursday classes	December 4, 11, 18, January 8, 15, 22, 29, February 5, 12, 26
Sunday classes	December 7, 14, 21, January 11, 18, 25, February 1, 8, 22

WHAT TO BRING

- All participants must bring their own hockey helmet with a full cage, hockey gloves, kneepads, elbow pads and hockey stick that is an appropriate size.
- **The Westport P.A.L. Rink does not rent these items and if the participant comes unprepared for the lesson, he/she will not be allowed to participate.**

INCLEMENT WEATHER

This is an outdoor program and inclement weather or poor ice conditions could cause the program to be canceled. No make-ups will be offered.

CANCELLATION LINE

To keep up to date on program cancellations, please call our cancellation line, 341-5074.

DROP OFF AND PICK UP

Please make sure you drop off and pick up your child promptly. Consistent lateness in either dropping off or picking up is cause for dismissal from the hockey program. **It is essential to arrive at the lesson at least 15 minutes prior to the start time. Parents with young skaters need to take the time to escort them to the rink and prepare them for their lesson.** Arriving late is not acceptable and is disruptive to the class and instructors when you get on the ice. When dropping off or picking up, you must park your car in the Longshore parking lot and walk to the rink to find your child. DO NOT STOP AND PARK NEXT TO THE RINK.

GENERAL RULES

- All participants are expected to respect each other and all staff. Discipline problems will not be tolerated and are cause for immediate dismissal from the program with no refund.
- At the end of each session, please be sure to pick up all belongings. There is no lost and found.
- **There is no food or drink allowed on the ice at any time. Please do not give your child these items during the lesson time. Parents are not allowed to stand along side the rink and hand their children hot chocolate, food, etc. This is disruptive to the instruction taking place and is cause for immediate dismissal from the ice.**

(OVER)

- Parents and spectators are welcome to watch lessons from the bleacher area. We ask that you do not disturb the child and/or the instructors during lesson time. If you need to speak with an instructor, you may do so after the lesson is over. It is highly recommended that all questions and concerns be directed to the on-site Parks and Recreation Supervisor.

The Westport Parks and Recreation Department want this to be an enjoyable experience for all participants. Please take the time to read this information with your child.